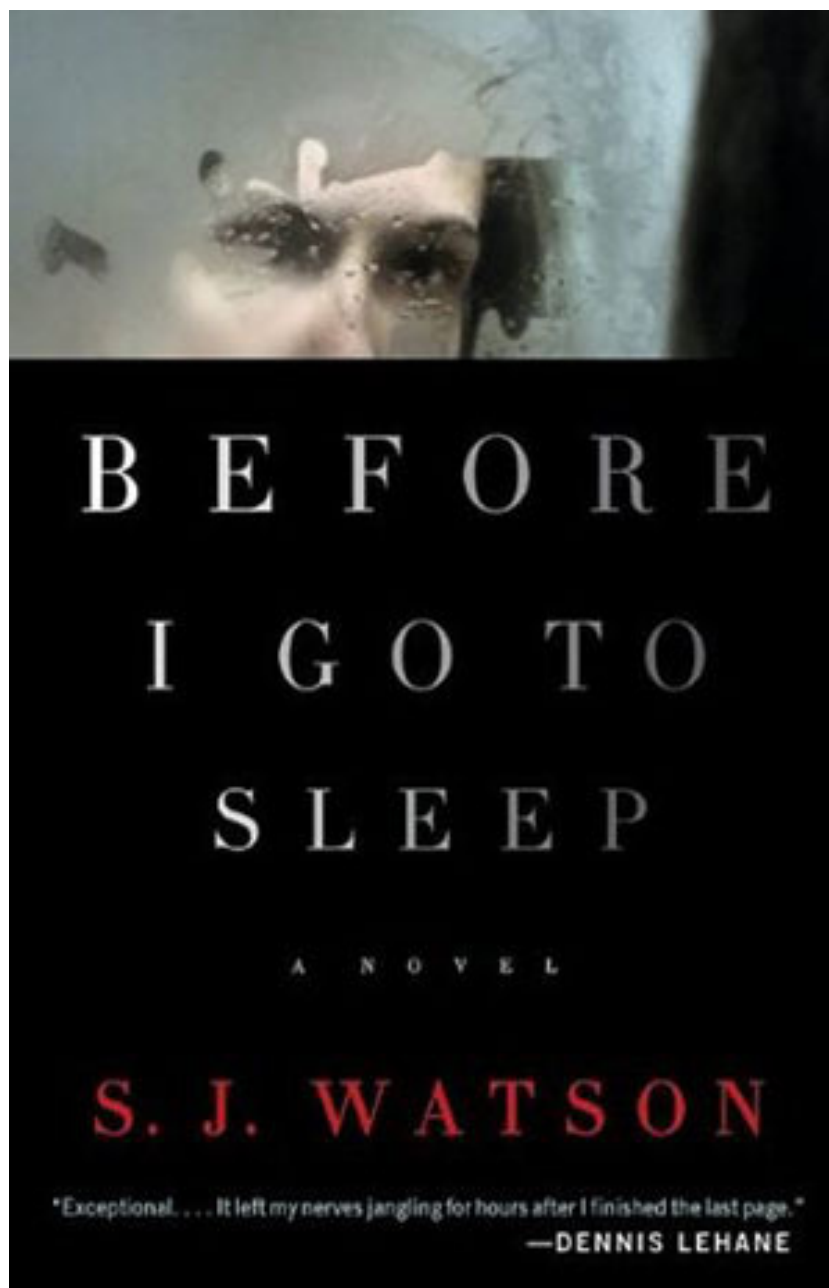


## Before I Go to Sleep Book PDF Download



**S.J. Watson**

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## What people Say:

### Emily May

I've had my eye on this book since before it was released and last night I decided it was finally time. I really wanted a psychological thriller that would keep me guessing. And did it deliver? Well, let's just say I was up until 2am, partly because this book is unputdownable, and partly because it's a little hard to turn the light off and go to sleep afterwards.

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is about a woman called Christine who wakes up every morning with no memory of who she is. Through labeled pictures and the help of her husband, every day she pieces together her life and learns of the accident that made her this way. But then a visit from a mysterious doctor leads her towards the private journal she has been writing to herself - a journal that tells her things might not be as they seem and the one person she should be able to trust could be lying.

Personally,

. I loved almost everything about it. Christine was a complex and interesting character - I was pulled so far inside her mind that the novel's events literally made my heart pound. I love how creepy the novel is and I very much enjoyed almost but not quite figuring out the reveals at the end.

For me, the best kind of thrillers are those where the story is strong enough that it isn't ruined by an astute reader. In other words - if you guess what is going to happen, it doesn't

matter. And I think this is one of those books. Towards the end, I started to figure things out, but rather than being disappointed, it made me hang on the author's every word in anticipation and horror.

Also, the reveals are multi-layered. So there is not just one big twist/reveal, but many things to discover over the course of the book. I like this much more.

The biggest complaints from people who didn't like this book are a) it is as realistic as

### Joe

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I only read reviews on Goodreads after I have read a book. I do this because after reading those reviews I wonder if I have read the same book as those reviewing it. Most start by giving a somewhat lengthy explanation of the plot of the book. Why? tell me what you thought. I know what it is about. I want to know what you thought of it. At this point I get really crazy because the opinions almost always are positive. I wish these people were my high school English teachers. I would have gotten A

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This book has one thing going for it- a clever premise. After that it sinks quickly with an annoying narrator, bad writing, and a predictable ending. I used to wonder what many people get out of reading bad books. I now know. They think they are good books. Good luck. That is why James Patterson is making a fortune.

## **Jeanette "Astute Crabbist"**

I can overlook a lot of bogus-tude for a good story, but this one exceeded my implausibility tolerance threshold. The analytical portion of my brain wants to give this an even lower rating, but it did hold my interest, so I have to be fair. It has a sinister edge that keeps you reading---at least until you start figuring everything out long before it's revealed.

If I listed all the laughable incongruities and convenient coincidences, I'd ruin it for people who just

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If I listed all the laughable incongruities and convenient coincidences, I'd ruin it for people who just want an absorbing escape read. If you're capable of turning off the eye-rolling, "hey, no way!" part of your mind, you'll probably love it.

S.J. Watson, I wince in your general direction. I scoff at your predictability. But hey, 'gratties on the movie option.

## Jason

My negative attitude is a ruse, I swear it. I am such a positive little outlooker. Nearly every book I read starts off with five stars in my head. It barely has to earn anything; it just has to hold on to what it started with. But wow, this book fell off a cliff or something! What the hell happened??

First letâ€™s back the truck out of these plot holes and start from the beginning.

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The premise of this psychological thriller is fairly straightforward. The first person narrator has

amnesia. More specifically, she has a mythical combination of several different forms of amnesia which happen to

. Maybe that should have been my first clue. She has retrograde amnesia as a result of a mysterious traumatic episode that occurred years earlier, and on top of this she has

which affects her episodic memory: she cannot retain anything new. My second clue that this book would be an eye roller is that she has a short-term memory capacity of many hours—essentially an entire day’s worth—and it is erased only when she falls asleep, which flagrantly stretches the definition of anterograde amnesia by a large margin.<sup>1</sup>

So this unreliable narrator with her unreliable memory is trying to piece together the details of her life while basically having to start from scratch every day. I love the idea of this. I love the idea that without memory retention, one cannot build experiences and without experiences, he cannot forge interpersonal bonds with others, which means he cannot develop relationships or attain any kind of emotional maturity or love. He cannot even experience the feeling of

because it would require a preexisting sense of

## Lou

I am writing this down in my journal

I must do this otherwise I fear tomorrow I might not remember anything.

Anything about the book I read today or about me or my wife, well she says she is.

I woke up this morning and my eyes were cast upon a striking beautiful woman in an even more striking body wearing nice lingerie that fits like a glove.

I have no idea at that moment who she is, she says she's my wife but I don't remember being married! I am trying to piece together my life

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