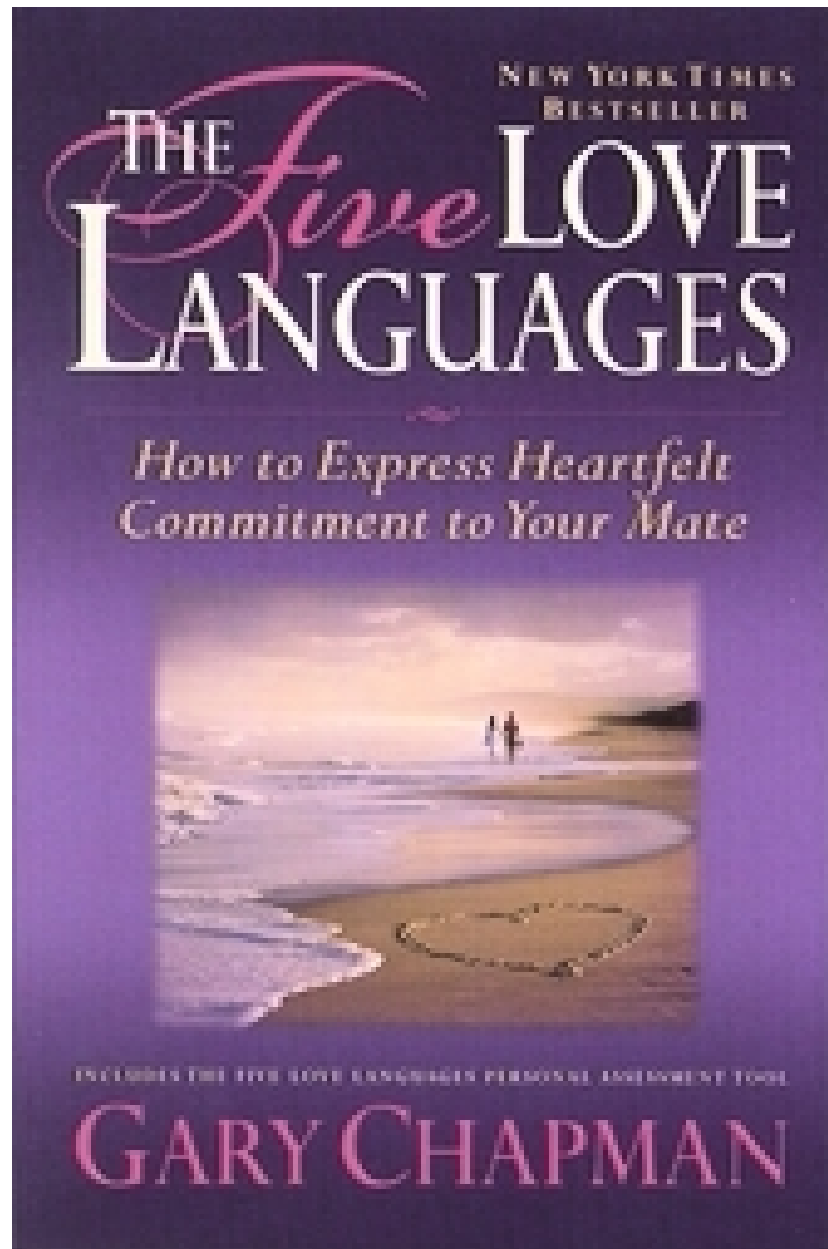


The Five Love Languages: How to Express Heartfelt Commitment to Your Mate Book PDF Download



By:
Gary Chapman

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The Five Love Languages: How to Express Heartfelt Commitment to Your Mate Book PDF Summary -

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What people Say:

Msmeemee

this book is a tool through which the author, gary chapman, can play out his jesus-complex disguised as a relationship self-help book. there are references from the bible throughout almost every chapter and gary likes to include generous praise from his clients who call him a "miracle worker." it's damn-near pretty close to being called god.

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the book has all the hallmarks of a bestseller: easy to read (i read it in one day); hopeless circumstances that seem beyond repair; and an uplifting ending. the more bestsellers i read, the more i realize that the formula for mainstream media isn't just used in music and movies, it's used in books, too. ugh, how annoying. i admit, i was almost sold on it, too. the author used just the right amount of despair and at the appropriate moments, instilled hope for a better future. and while hope isn't bad at all, the book lacks in addressing the complexity of relationships as well as the diversity of relationships in today's world. for example, this book may not translate well in multicultural relationships that are dictated by a whole different set of mores and values. also, i wonder how it would be relevant to queer couples or polyamorous relationships. it's quite apparent that this book is meant for hetero-white-christian-monogamous couples.

but the one major caveat of this book that isn't so much a caveat as a poorly disguised advocate of misogyny, is the case of a woman who has been abused (what type of abuse has been perpetrated isn't made explicit and gary's reluctance to do so makes me suspicious of how the church deals with issues of domestic violence). gary's advice? dismiss any of your own feelings of discomfort (being used for sex) and have sex with your husband as an act of love and hope that he will reciprocate that love. and what i don't understand is how people have overlooked this, even people who are in the psychology field. that's one thing he doesn't really address, how to identify your limits and make compromises. if you can't see the problem with this picture, i pray you never get married. or have a relationship. or speak to people.

the gender roles in this book are fucking archaic. there's this little section where gary talks about the gender differences in sexual desire. according to him, these differences are all physiologically based. men simply have more tension built-up as a result of massive sperm generation whereas

women don't, and that is why women don't crave sex the way men do. instead, women only want sex if their men meet their emotional needs. what, do men not need to have their emotional needs met? are they really just fucking animals who want to empty their over-spermed dicks? why don't they just jack off into a toilet for crying out loud? oops, am i not supposed to mention masturbation in the presence of god? and gary makes women seem like fucking prudes from the latest harlequin romance, the christian edition. gag. this man has very little knowledge of couples outside the realm of christian folklore.

his section on physical touch made me laugh. i wasn't sure if the lame attempts at humor were to assuage his own discomfort or that of his audience. yes, gary, people have sex. i understand that when you tell me to rub my partner's leg with my foot that i should make sure i'm not rubbing the dog. harhar.

to be fair, he touched on the basic fundamentals of communication with your partner, but i can hardly call this book revolutionary. his book on the five languages of love for children sound more useful just because the developmental stage they are in matches the dumbed-down tone of the book. you'd think he was writing for couples who were born in a vaccuum.

i'm so over reading new york times bestsellers. we've been brainwashed into accepting that the typical mainstream formula is quality literature. i prefer real talk to fluffy shit, thank you.

Catherine

This book was recommended to my friend by her pastor to read before she got married. My assumption was that it would be religious in tone and not very relevant to today's relationships.

I'm so glad I was wrong! This is one of those books I would suggest everyone read. It is such a simple explanation of what can so often go wrong in relationships. It's not about men vs. women, it's about the way people receive love.

The basis is there are 5 Love Languages (obviously). And if you speak a different

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The basis is there are 5 Love Languages (obviously). And if you speak a different love language than your partner, then you may not feel loved.

The 5 Love Languages are:

Words of Affirmation

Quality Time

Receiving Gifts

Malbadeen

This book is based on the premise that everyone has a "love language". Things others say or do that make one feel "loved", they are follows:

-words of affirmation.

-receiving gifts.

-acts of service.

-physical touch.

-quality time.

Personally I want you to tell me how great I am (words of affirmation) while walking in the house with a collection of poetry for me (receiving gifts), make a beeline for the trash that needs to be taken out (acts of service), then come back in and read quietly next to me (q

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-words of affirmation.

-receiving gifts.

Brittany

I think the basis for this self-help book is good. I totally get the "love languages" thing. My husband's "love language" is Physical Affection and mine is Quality Time. I totally see that. But this is like a "Love Language For Dummies." It talks to you like you're an idiot who has never had basic human social interaction before. And there isn't really any advice, just this guy rambling on about how smart he is for figuring out that people need to be loved in different ways. Like, his advice for

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Not to mention the book is sexist and heteronormative. Unfortunately, I did a little googling on the author AFTER the fact, and of course it is, because he's a Bible beater. I wish I had known that before I wasted my \$7 on the Kindle book. I'd really like to see this concept updated and brought into the 21st century, written in such a manner as to A) actually include all walks of life, not just middle class straight white married couples, and B) actually offer advice that can be applied to a relationship.

Hildie

My mother in law gave me this book and I hesitated reading it because it sounds so cheesy (and just take a look at the cover--how dorky!) But I was stuck on vacation with nothing else to read so I reluctantly gave it a try. In a nutshell, this book has changed my life. Page after page I found myself wanting to yell, "yes! Thats exactly right!" If I could give this more than five stars, I would. Okay, maybe "changed my life" is a bit strong, but it has certainly enhanced my marriage like nothing

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The advice this author gives is so profound and universal, it can be applied successfully to any deep relationship you have (children, parents, close friends). I just can't recommend it highly enough. Every couple, whether newly together or old marrieds, could benefit from this book.