

# One Hundred Birds Taught Me to Fly: The Art of Seeking God Book PDF Download



**By:**  
**Ashley mae Hoiland**

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## **One Hundred Birds Taught Me to Fly: The Art of Seeking God Book PDF Summary -**

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## What people Say:

### Steven Peck

One of the most important books on faith I've ever read. I love this book, it's beauty and insight took my breath away.

### Zina

A beautiful tapestry weaving impressions, poetry, essay and images together into a warm heartspace that invites the reader into honest reflection.

## Erin

I first came across the work of Ashley Mae Hoiland in the form of a question she posed on Facebook a long time ago. I forget the precise wording, but it basically asked what we lose when we talk about periods where our faith is challenged as "faith crises" and asked what would happen if we used other, more positive and open words to describe the experience. Living in crisis mode is not sustainable.

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I took her question to heart, thinking about how much learning and growth I experienced during previous periods that had felt spiritually traumatic to me, and I settled on the phrase "growing pains" when it hurt, and "a period where God wants to teach me something" when it didn't. It really has influenced how I respond to the questions I have, and the fact that I will likely have other questions in the future. I was delighted when I realized she had written a book about her spiritual journey - in her works I've read in the interim, I've appreciated the beauty of her writing and the insights she brings to the dialogue about issues that matter to me.

I found this exploration of what it means to live a spiritual life as a Mormon woman lyrical, generous, complex, and courageous. It affirmed my belief in the value of telling our stories, living our lives with open hearts and minds, and that divinity is all around us if we can learn to see it. This is a book I have thought deeply about, and one I will definitely revisit.

## Alisa Haws

This is not your stereotypical Mormon book, chock full of feel good cheesy stories. It is instead a compilation of thoughtful musings and memories of a Mormon woman on how she has found joy, love, God, and godliness in both the every day and extraordinary things she has accomplished thus far in her life. While not written only for women, it touched my woman/mother/sister/wife heart immensely. It calmed my worries, reinforced my own feelings of joy and reverence at the small and often routine hap

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I was amazed by some of her stories of bravery. I loved seeing her humor and thoughtfulness as she navigates the world not only as a Mormon, but as a human. I'm so glad she is willing to be vulnerable with her stories, feelings, and weaknesses, because it reminds me that I am not perfect, and that's okay.

## Jon

"I believe we can find God in many ways," writes Ashley Mae Hoiland in her book One Hundred Birds Taught Me to Fly. Through a series of vignettes, Hoiland opens up the possibility that God is intimately woven into ordinary human experience "experience so ordinary that's it's easy to overlook the beauty the moment contains. For me, this book is a training in how to see with new

eyes and feel with a new heart. It reveals how soulless binary thinking is, how much we miss in our efforts to acquire

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