

## Is Everyone Hanging Out Without Me? (And Other Concerns) Book PDF Download



**By:  
Mindy Kaling**

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## What people Say:

### Catie

There's a passage in this book in which Mindy Kaling laments that she will never be the kind of comedian who can get away with really raunchy humor or jokes about race. (She cites Sarah Silverman and Dave Chappelle as examples.) But, here is what she

get away with: writing a book chock-full of lists and stories all about how she's basically (in her words) a "vain flake" and still coming across as a kind, intelligent woman and an excellent best friend.

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I kind of wish that Mindy Kaling were my best friend. She'd be the kind of friend who would call up on a Saturday night, and when you sheepishly admitted that you really didn't feel like going out, would show up at your door wearing pj's and laden down with fancy chocolates and champagne. Then she would plop down on your couch and make absolutely no complaints when you wanted to watch a Say Yes to the Dress marathon. She's the kind of friend who would never shame you for loving (just as a few completely out-there random examples which have absolutely nothing at all to do with me) When Harry Met Sally (like, to the point where

you can recite every single line), or Sixteen and Pregnant, or US Weekly, or cheddar cheese pretzels, or house music.

One of my favorite chapters in this book is entitled "Best Friend Rights and Responsibilities" and outlines a few of Mindy Kaling's rules for BFF-dom:

"

Mindy and I (I'm just going to go ahead and call her Mindy because that's what future best friends do) are also about the same age, and there is some excellent 90's

## Shannon Lee

Audiobooks can be dangerous. During a recent road trip in which I listened to this audiobook, I had plenty of time to consider the pros and cons of vehicular suicide. Pro: I would be relieved of Mindy Kaling's screechy voice and vacuous musings forever. Con: I would never again be able to eat cheese. My instinct for survival prevailed. Barely. I suffered through this book in its entirety, so that I would be able to write a justifiably flaming review.

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Ms. Kaling's book follows a painfully predictable formula: (1) complain about being an overweight child, but revel in how you are now a famous and wealthy person, while your childhood bullies languish in obscurity with children born out of wedlock. (2) Seamlessly transition to obligatory "I was trying to make it in NYC and boy was I broke!" tales. (3) Describe how Hollywood is a strange place and attempt to downplay your new found fame by making yourself out to be the anti-Hollywood. At this point, Ms. Kaling should have let well enough alone, but she persists. What follows is a number of lists, the most painful of which includes a play-by-play of Will Ferrell movie moments, and a series of musings on how men are different from women. When she began her chapter describing how "men tie their shoes slowly" I veered towards a tree. Thankfully, it was a brief chapter.

Sitcom writer Ms. Kaling may be. Compelling author she is not. Shame on her editors for green-lighting this piece of fluff and cluttering up the bookshelves and minds of unassuming readers. Shame on her audiobook supervisors for not correcting her when she mispronounced the name "Nguyen." Shame on me for subjecting myself to 4 hours of this inane nonsense masquerading as humor instead of turning it off. But my, how therapeutic writing this review has been. Almost as therapeutic as laughing is said to be.

## Jessi

I

this book, Mindy is just a funny gal who is pretty in check with reality. I have trouble writing a review for a book I love. I feel I just wont do it justice. Mindy makes hilarious observations in numerous essays that fill this joy of a book. Instead of trying to articulate what this is and what I find funny I thought I would grab some random quotes as a recommendation.

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â€œIâ€™m the kind of person who would rather get my hopes up really high and watch them get dashed to pieces rather than wisely keep my expectations at bay and hope they are exceeded. This quality has made me a needy and theatrical friend, but has given me a spectacularly dramatic emotional life.â€•

â€œAfter all these years with friends who are five ten or taller, I have come to carry myself with the confidence of a tall person. Itâ€™s all in the head. It works out.â€•

â€œThe chorus of â€œJack and Dianeâ€• is: Oh yeah, life goes on, long after the thrill of living is gone.

## Ariel

This was exactly what it wanted to be. It felt like sitting in an LA coffee shop and chatting with Mindy for a few hours, hearing a bunch of funny anecdotes, and getting to know her a little better.

What did I like? I liked the conversational tone, the funny stories, the pictures, learning about her

climb to becoming a comedy writer, some insightful moments, the emphasis on family, her love of comedy and creation, and her all round positive and "be a good person" attitude.

What didn't I like? The

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What did I like? I liked the conversational tone, the funny stories, the pictures, learning about her climb to becoming a comedy writer, some insightful moments, the emphasis on family, her love of comedy and creation, and her all round positive and "be a good person" attitude.

What didn't I like? The conversational tone could sometimes be

conversational, and so it sometimes felt too casual and more like a blog post or super long tweet rather than a book. Other than a few insightful moments, I didn't feel enough powerful moments. And that's okay, I don't think this book was trying to achieve that, but I like themes and messages and I didn't feel like any strong stances were really taken about anything.

It was lovely, I flew through it in a few hours, and right afterwards downloaded Season 3 of the Mindy Project because this book really made me like her more, and really understand her motives and love for comedy!

## **Natalie**

I made the mistake of thinking I would read only one essay of this book before going to bed... I stayed up till 3am to finish the whole thing in one sitting. It's been so long since this has happened, especially going into it not even expecting to finish one essay. But Kaling has one of the most conversational, delightful and funniest voices in writing. It's nearly impossible to put down

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This book was simply fun, and I unexpectedly learned a lot about various topics such as: female friendships (the essay about Mindy befriending Mavis was one of my favorites), health insurance (& how much Kaling loves it),

(& how Rainn Wilson's so horrible), Irish exits, and a healthy dose of unfair situations that now seem funny in retrospect, unfair situations that I still don't think are funny, Hollywood, heartache, and my childhood.

And since we're already on topic, Mindy Kaling writing about her childhood and coming-of-age was one of the funniest and relatable things I've read as of late. Which is why the title essay was one my favorites:

Reason #1 why Mavis is one the kindest souls:

When Mindy first introduced her childhood friend in this book, I was worried that Mavis would only appear this one time, but I'm glad they became good friends.

#truth. I really loved their friendship and was even genuinely upset when they lost contact in college.

But thankfully Kaling mentioned